



ANALYSIS OF DIFFERENT REAL ESTATE SECTORS

By Daniel Almond

DISCRIPTION

This report analyzes nine major real estate sectors using up-to-date data. It highlights which sectors are the most profitable and identifies those with the highest volatility, providing a clear comparison of their risk and return profiles. The colors I chose are from the Oakland A's.

Daniel Almond
Real Estate Finance

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Introduction

Why invest in real estate? For many, the answer lies in its potential for both income generation and long-term wealth accumulation. Real estate offers a unique investment avenue, providing not only the opportunity to benefit from price appreciation but also the prospect of steady income through dividends. However, it's important to note that real estate isn't limited to residential properties like apartments. Other sectors, such as data centers, offices, retail, and even timberland, offer diverse opportunities that may present different risk and return profiles.

This assignment will explore the returns of various real estate sectors, allowing us to compare them in terms of both income and price returns. By analyzing historical data, we can assess the volatility and performance of each sector, shedding light on which sectors may offer the best balance of risk and reward. The insights gained will not only provide a deeper understanding of real estate as an investment but also help refine biases toward specific sectors, like apartments, when evaluating broader real estate opportunities.

Health Care

Health Care Income and Price Return

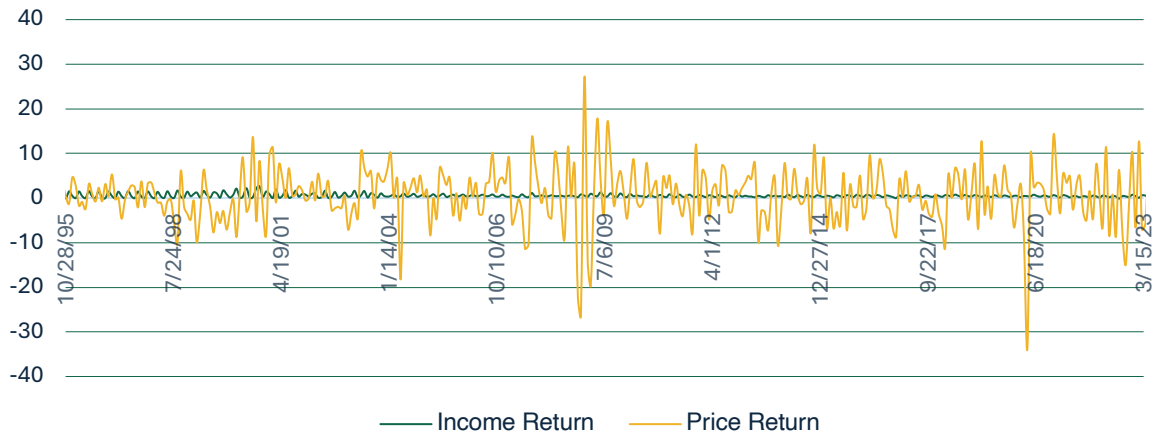


Figure 1 - Health Care Sector Income and Price Return from 1995 to 2023

Figure 1 displays the income return (green line) and price return (orange line) for the health care real estate sector over a period from late 1995 to early 2023. Income returns, which represent the steady dividend income investors receive, remain relatively stable with minimal fluctuations. In contrast, price returns exhibit significant volatility, with sharp peaks and troughs indicating fluctuations in capital gains. This pattern illustrates that while price returns offer potential for higher capital appreciation, they also come with greater risk compared to the steady, less volatile income returns. The period during the 2008 financial crisis, for example, shows a pronounced dip in price returns, highlighting the vulnerability of capital values to economic downturns.

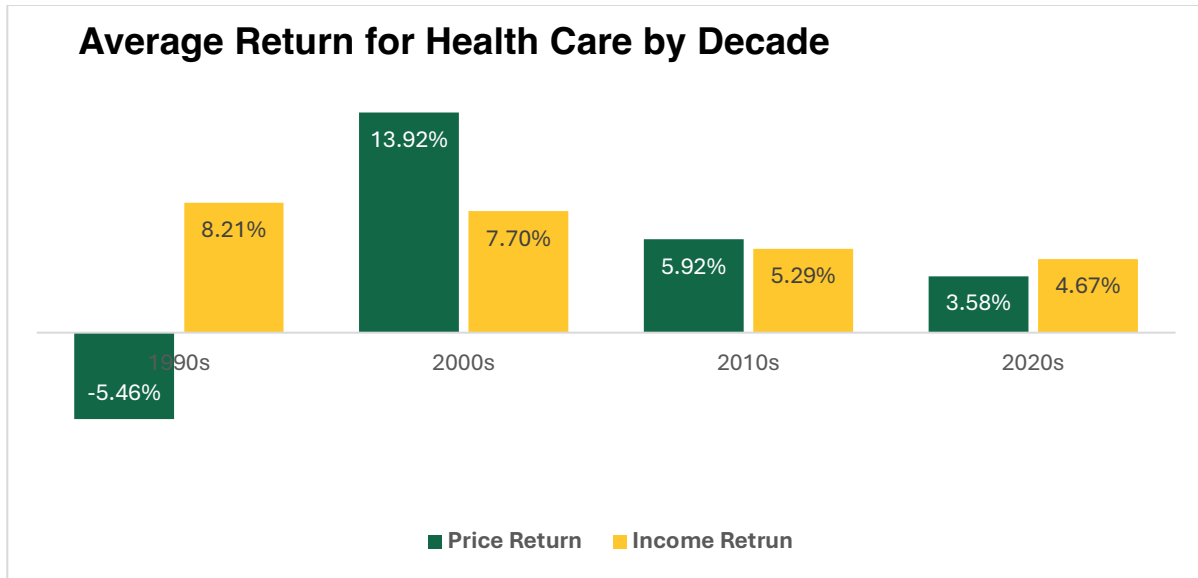


Figure 2 - Average Return for Health Care by Decade

Figure 2 compares the average price return (green) and income return (yellow) for the health care real estate sector over several decades. The chart highlights the distinction between price and income returns, with income returns generally being more stable and providing consistent dividends to investors. In contrast, price returns show more fluctuation, reflecting changes in the market value of health care properties. This suggests that while health care real estate can provide reliable income, the potential for capital gains can vary significantly depending on broader economic and market conditions.

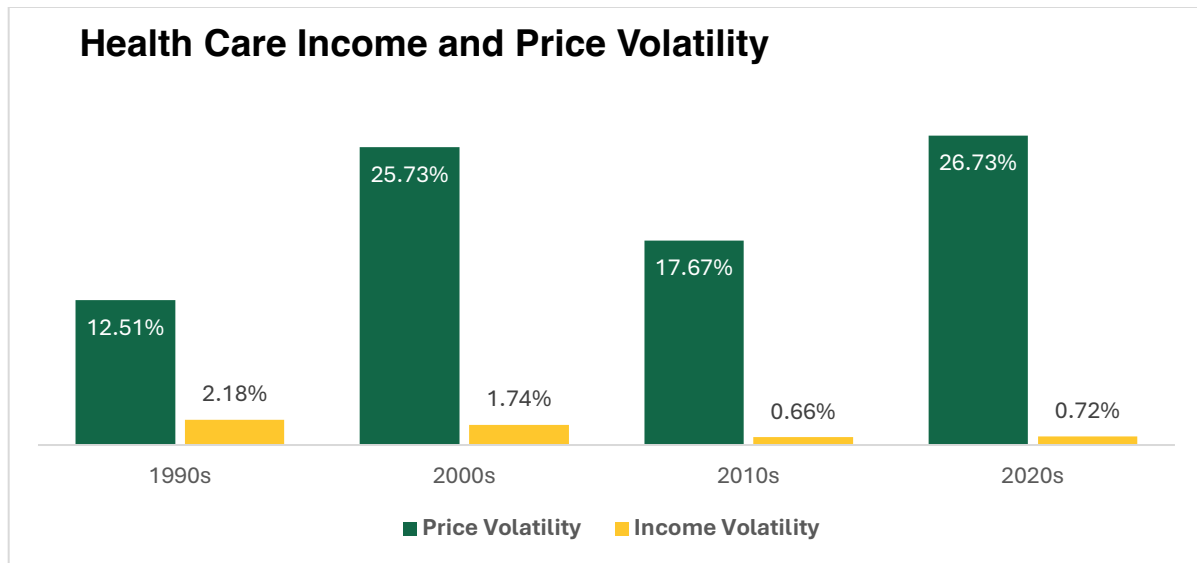


Figure 3 - Health Care Income and Price Volatility by Decade

Figure 3 depicts the volatility (measured by standard deviation) of price returns (green) and income returns (yellow) for the health care real estate sector across multiple decades. Price volatility is significantly higher than income volatility in every decade, highlighting the relative risk associated with price fluctuations compared to the more stable income returns. The 2000s and 2020s show the highest levels of price volatility, indicating greater uncertainty and market fluctuations during these periods. Meanwhile, income volatility remains consistently low, reinforcing the reliability of income returns even during periods of price instability. This underscores the importance of balancing the potential for capital gains with the stability of income returns when considering investments in the health care sector.

Industrial

Industrial Income and Price Return



Figure 4 - Industrial Income and Price Return from 1995 to 2024

Figure 4 shows the income return (green line) and price return (orange line) for the industrial real estate sector from 1995 to 2023. Income returns remain relatively stable over time, reflecting consistent dividend income from industrial properties. On the other hand, price returns are more volatile, with significant fluctuations observed, particularly around the 2008 financial crisis, where a sharp dip and recovery are visible. This volatility underscores the potential for greater capital gains or losses in industrial real estate compared to the steady nature of income returns. Despite the spikes and dips in price returns, income returns offer a more reliable and less fluctuating source of returns for investors in this sector.

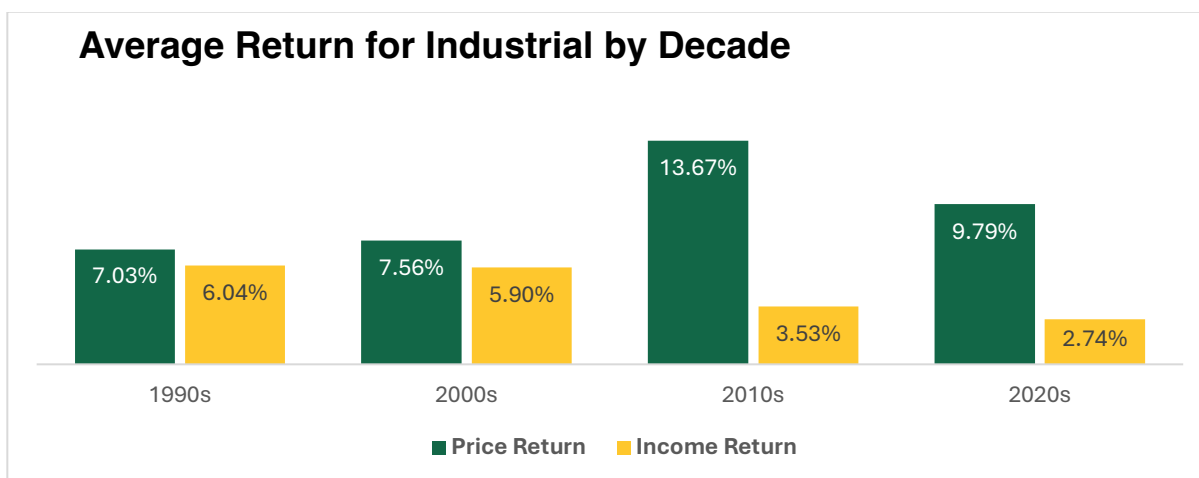


Figure 5 - Average Return for Industrial by Decade

Figure 5 compares the average price return (green) and income return (yellow) for the industrial real estate sector across multiple decades. It illustrates that price returns for industrial properties tend to fluctuate more dramatically than income returns, which remain relatively consistent. The industrial sector shows strong price returns, particularly in the 2010s, where capital appreciation outpaced income returns. Despite the variability in price returns, income returns offer steady, lower-risk dividends, which may appeal to investors seeking reliable income streams in addition to potential capital gains. This highlights the dual nature of returns in industrial real estate investments.

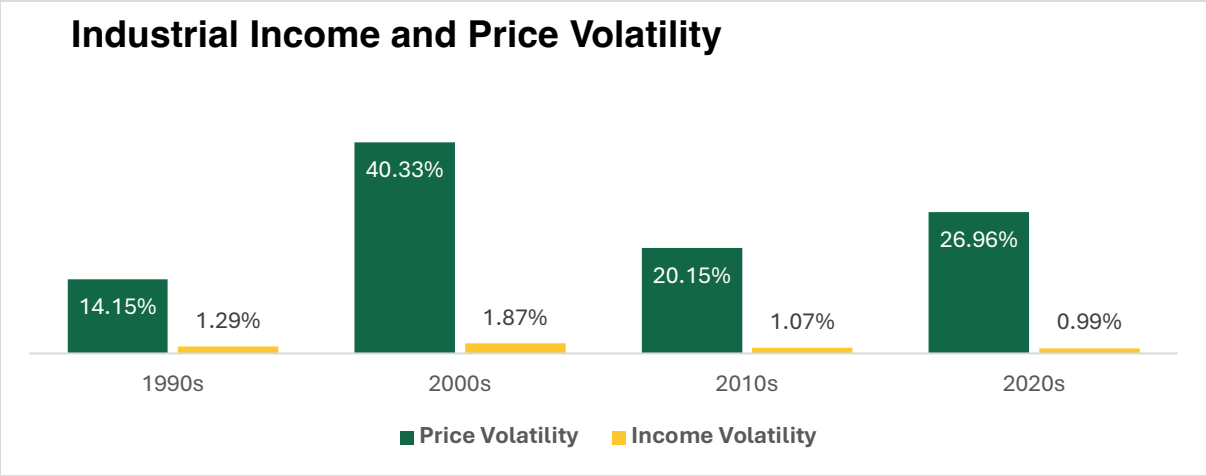


Figure 6 - Industrial Income and Price Volatility by Decade

Figure 6 shows the volatility (standard deviation) of price returns (green) and income returns (yellow) for the industrial real estate sector across different decades. Price volatility is significantly higher than income volatility, especially in the 2000s, where price volatility reached 40.33%. This suggests that capital gains for industrial real estate are much more unpredictable compared to the steady nature of income returns. Income returns exhibit consistently low volatility, demonstrating their reliability as a stable source of dividends over time. The chart highlights the increased risk associated with price fluctuations, particularly in the 2000s and 2020s, while income remains a low-risk component of industrial real estate investments.

Lodging

Lodging Income and Price Return



Figure 7 - Lodging Income and Price Return from 1995 to 2023

Figure 7 illustrates the income return (green line) and price return (orange line) for the lodging real estate sector between 1995 and 2023. Price returns display significant volatility, with noticeable spikes and drops, particularly during the 2008 financial crisis and more recently in 2020. These fluctuations reflect the sensitivity of the lodging sector to economic conditions, with sharp declines during downturns and recoveries in favorable periods. In contrast, income returns are much more stable, consistently providing dividends to investors. This highlights the higher risk associated with capital gains in the lodging sector compared to the steady nature of income returns.

Average Return for Lodging by Decade

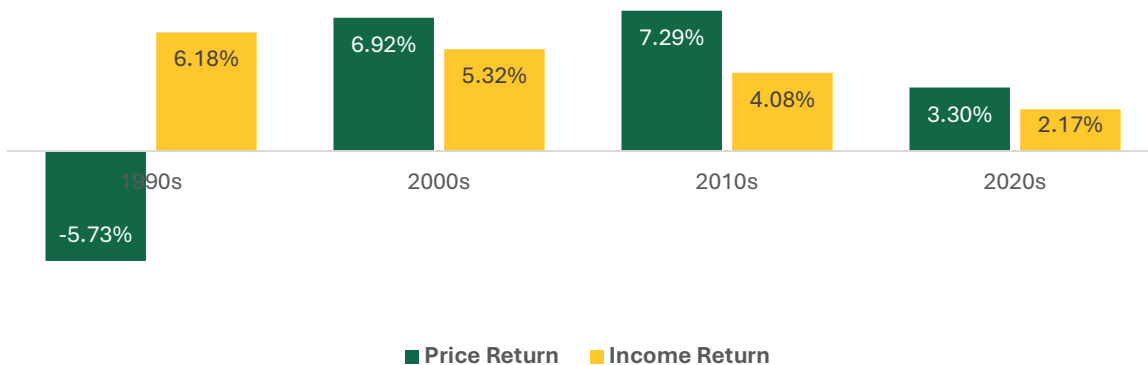


Figure 8 - Average Return for Lodging by Decade

Figure 8 shows the average price return (green) and income return (yellow) for the lodging real estate sector across multiple decades. Price returns exhibit higher volatility, reflecting the sensitivity of the lodging sector to economic cycles, while income returns are more consistent, providing a steady source of dividends. The data indicates that despite fluctuations in capital gains, income returns remain a reliable component of returns for lodging investments. This comparison highlights the contrast between the potential for growth through price returns and the stability provided by income returns in the lodging sector.

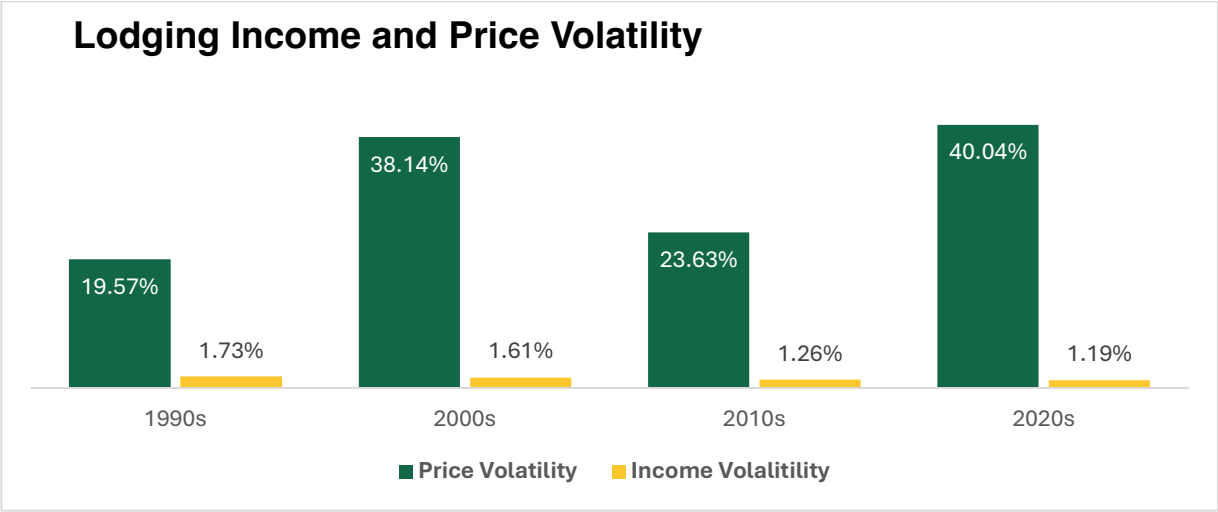


Figure 9 - Lodging Income and Price Volatility by Decade

Figure 9 illustrates the volatility (standard deviation) of price returns (green) and income returns (yellow) for the lodging real estate sector over several decades. Price volatility is consistently higher than income volatility, with the 2000s and 2020s showing the highest levels of price fluctuations, indicating significant market instability during these periods. In contrast, income volatility remains low and stable, reflecting the consistent nature of dividend returns. The high price volatility highlights the lodging sector's sensitivity to economic changes and market conditions, while the steady income volatility underscores the reliability of income returns as a more predictable aspect of lodging real estate investments.

Residential

Residential Income and Price Return

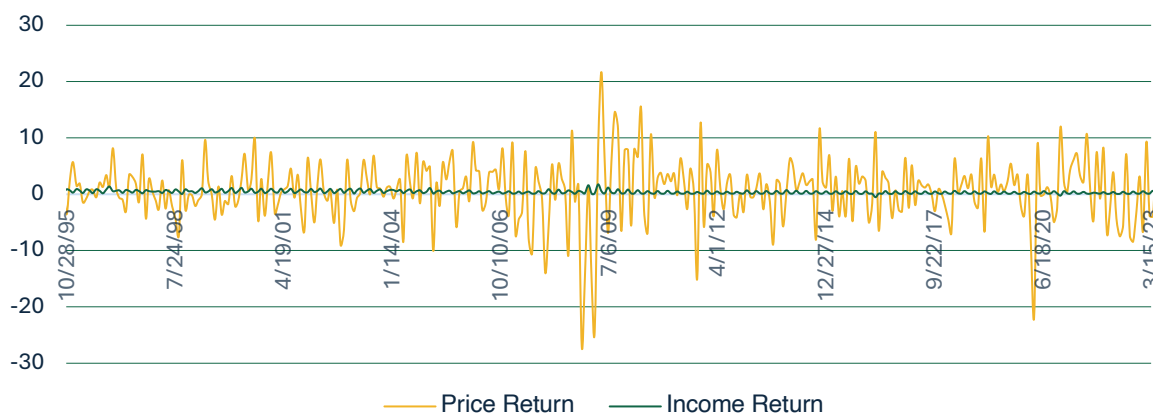


Figure 10 - Residential Income and Price Return from 1995 to 2023

Figure 10 illustrates the income return (green line) and price return (orange line) for the residential real estate sector over the period from 1995 to 2023. Price returns demonstrate significant volatility, with sharp fluctuations, particularly during periods of economic downturn, such as the 2008 financial crisis. In contrast, income returns remain relatively stable, consistently delivering dividends to investors. This pattern reflects the more unpredictable nature of capital gains in residential real estate compared to the dependable income returns. The chart highlights how income returns can provide a steady flow of returns despite price volatility in the residential real estate sector.

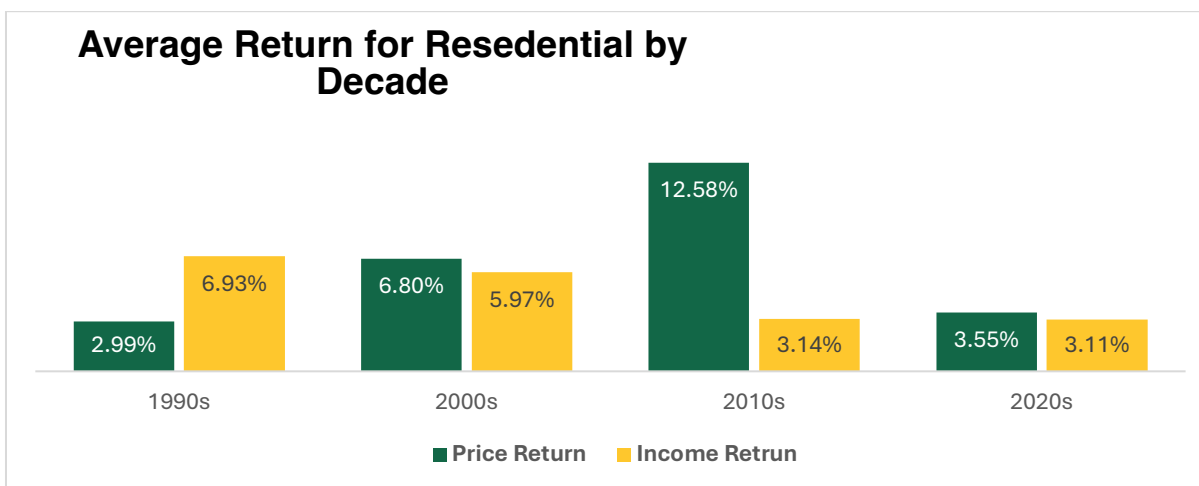


Figure 11 - Average Return for Residential by Decade

Figure 11 presents the average price return (green) and income return (yellow) for the residential real estate sector across different decades. Price returns fluctuate significantly over time, reflecting the volatility of capital gains in the residential sector, while income returns remain relatively stable, offering consistent dividends to investors. The chart highlights the dual nature of returns in residential real estate, where price returns offer the potential for capital appreciation but come with increased risk, while income returns provide a more dependable source of steady returns throughout various economic cycles.

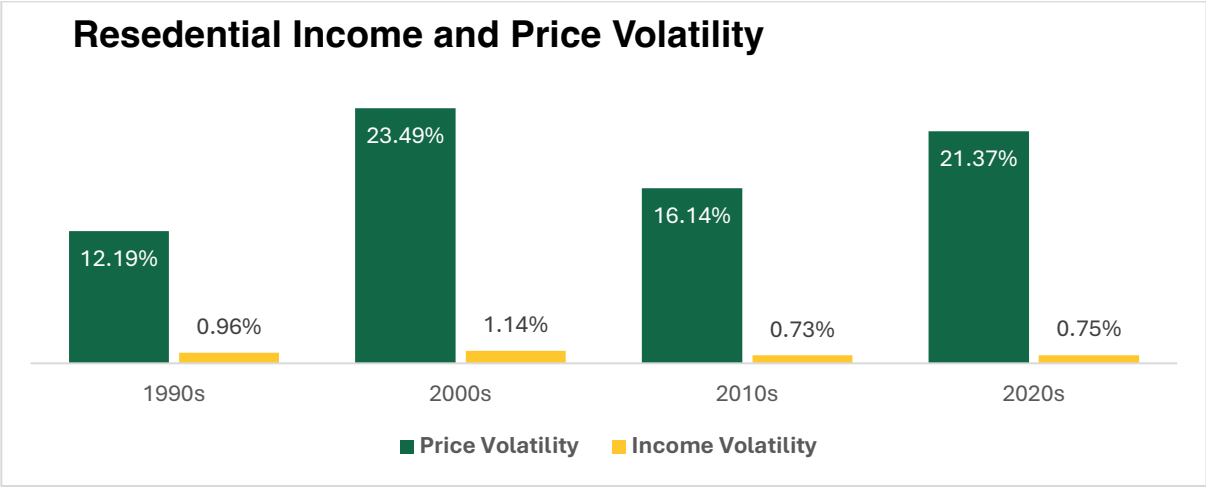


Figure 12 - Average Return for Residential by Decade

Figure 12 presents the average price return (green) and income return (yellow) for the residential real estate sector across different decades. Price returns fluctuate significantly over time, reflecting the volatility of capital gains in the residential sector, while income returns remain relatively stable, offering consistent dividends to investors. The chart highlights the dual nature of returns in residential real estate, where price returns offer the potential for capital appreciation but come with increased risk, while income returns provide a more dependable source of steady returns throughout various economic cycles.

Retail Sector

Retail Income and Price Return

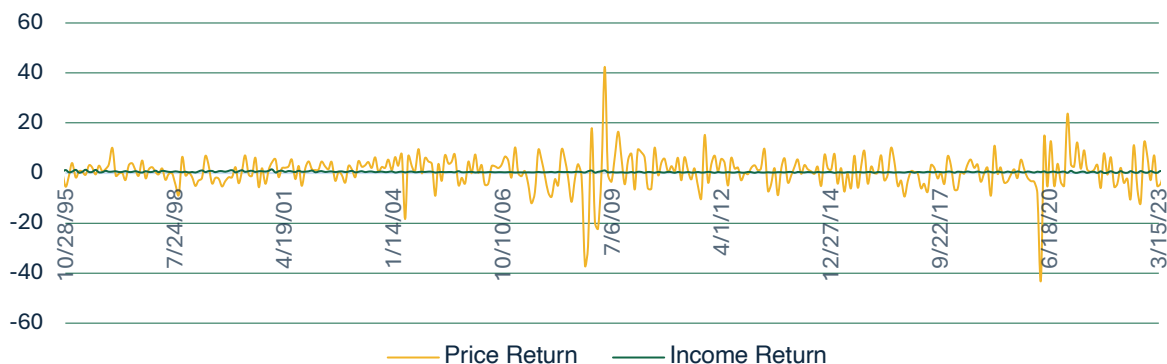


Figure 13 - Retail Income and Price Return from 1995 to 2023

Figure 13 shows the income return (green line) and price return (orange line) for the retail real estate sector from 1995 to 2023. Price returns exhibit notable volatility, with sharp fluctuations during economic events such as the 2008 financial crisis. In contrast, income returns remain relatively stable, offering consistent dividends to investors. This divergence between the two return types underscores the greater risk associated with price returns compared to the steady nature of income returns. Retail real estate investments tend to generate reliable income, but capital appreciation is subject to more significant market-driven variability.

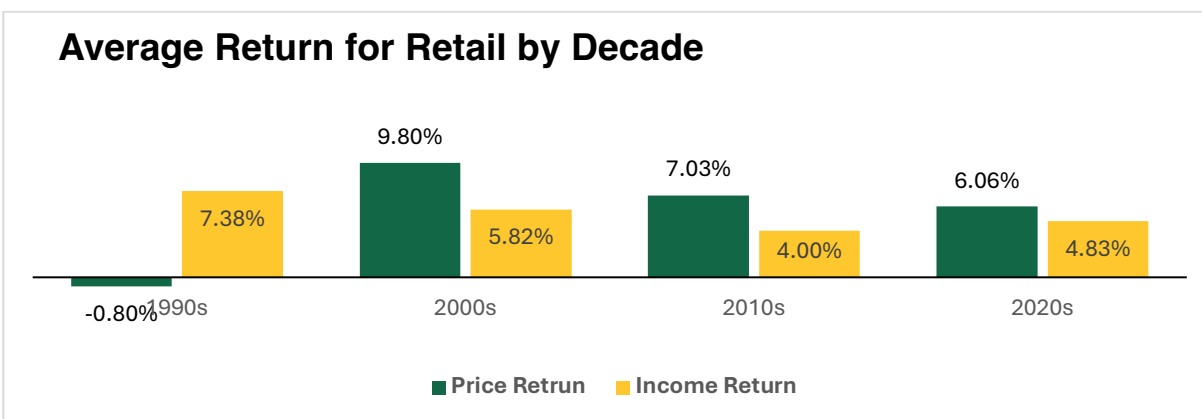


Figure 14 - Average Return for Retail by Decade

Figure 14 displays the average price return (green) and income return (yellow) for the retail real estate sector across different decades. Price returns exhibit greater volatility, particularly in the 2000s, while income returns remain more stable, providing consistent dividends to investors. The negative price return in the 1990s shows the potential risks of capital depreciation in retail investments, contrasting with the steady and positive income

returns throughout the decades. This highlights the importance of income returns as a reliable source of returns in the retail real estate sector, while price returns can vary significantly depending on broader market conditions.

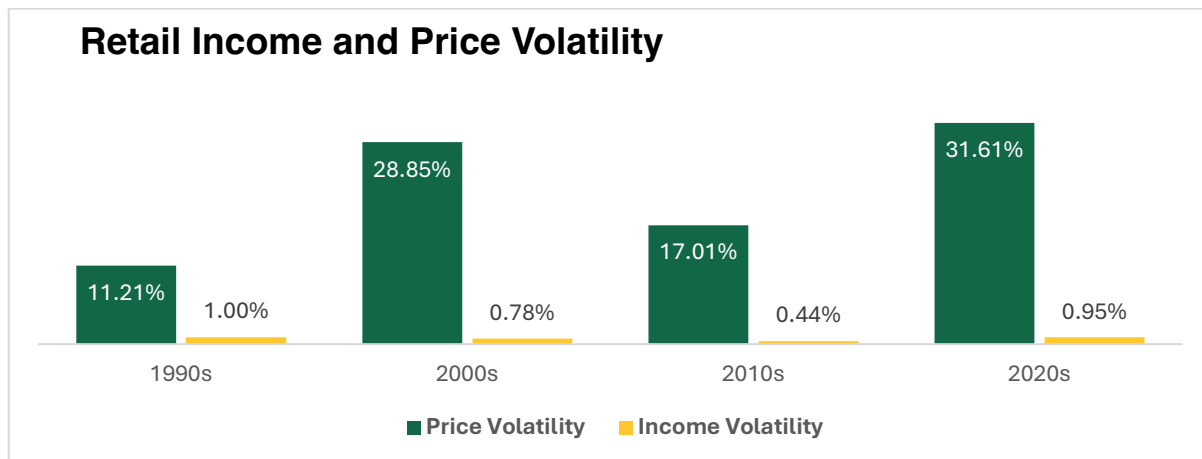


Figure 15 - Retail Income and Price Volatility by Decade

Figure 15 illustrates the volatility (standard deviation) of price returns (green) and income returns (yellow) for the retail real estate sector across multiple decades. Price volatility is significantly higher than income volatility, indicating that capital gains in retail real estate are much more susceptible to market fluctuations. The 2000s and 2020s show particularly high price volatility, reflecting increased risk in capital appreciation during those periods. In contrast, income returns display minimal volatility throughout the decades, reinforcing their consistency as a stable source of returns. This contrast highlights the greater risk associated with price returns and the dependable nature of income returns in retail real estate investments.

Data Centers Income and Price Return

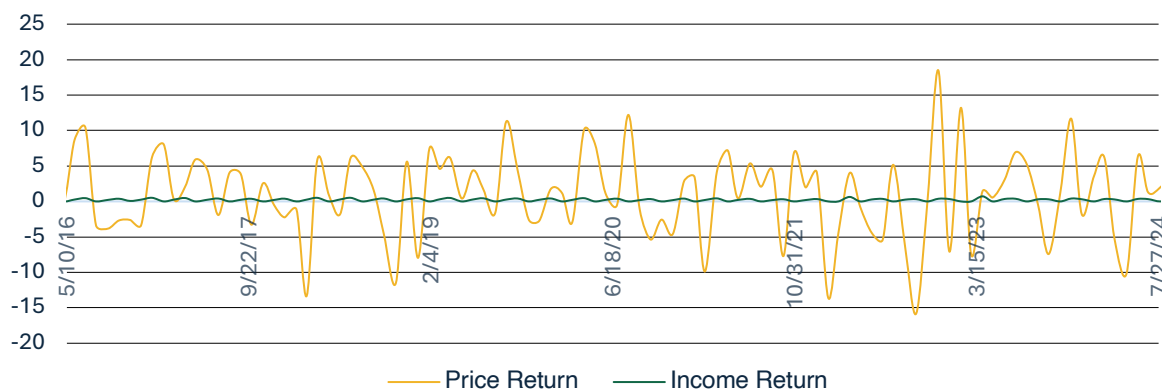


Figure 16 - Data Centers Income and Price Return from 2016 to 2024

Figure 16 displays the income return (green line) and price return (orange line) for data centers from 2016 to 2024. Price returns show noticeable volatility, with significant fluctuations during various market periods, reflecting the sensitivity of data center investments to economic and technological trends. In contrast, income returns remain stable throughout the period, providing consistent dividends to investors. The sharp movements in price returns suggest that capital gains in the data center sector can be unpredictable, while income returns offer a more dependable source of return. This distinction highlights the balance between risk and stability when investing in data centers.

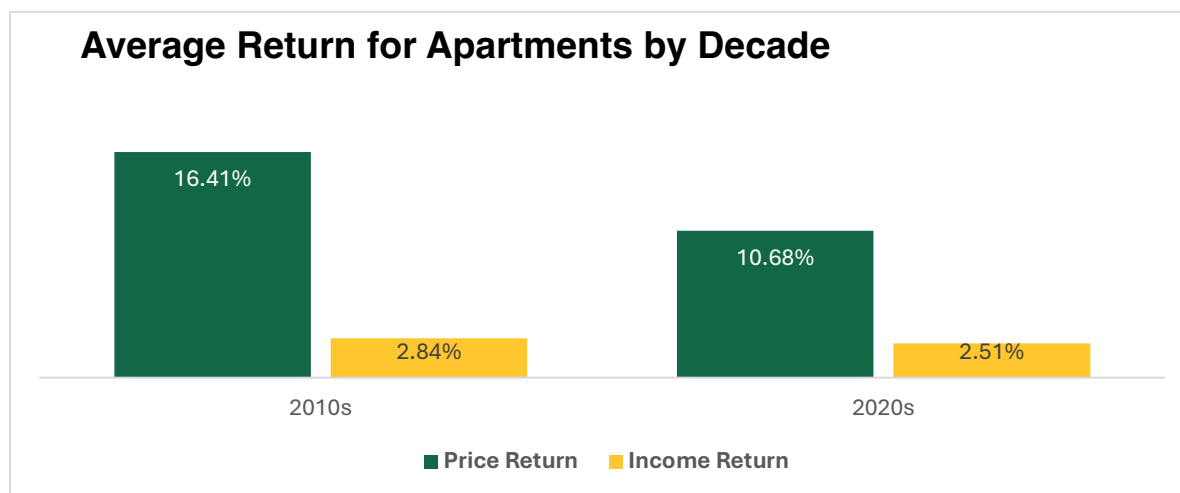


Figure 17 - Average Return for Apartments by Decade

Figure 17 compares the average price return (green) and income return (yellow) for apartment real estate investments in the 2010s and 2020s. Price returns in the 2010s were significantly higher, averaging 16.41%, compared to 10.68% in the 2020s. Income returns remained relatively stable, with a slight decrease from 2.84% in the 2010s to 2.51% in the

2020s. This highlights that while apartments provided strong capital gains in both decades, the rate of growth slowed in the 2020s, with income returns continuing to offer a steady, albeit smaller, portion of total returns.

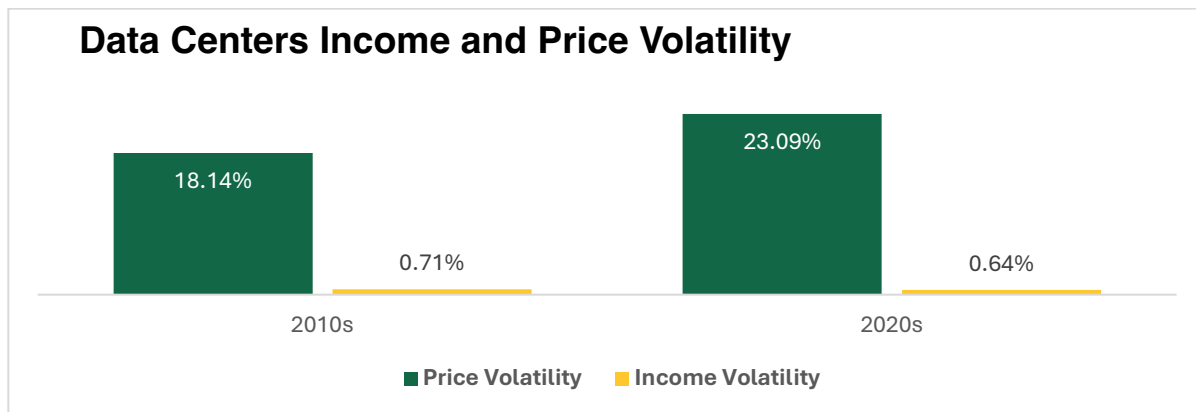


Figure 18 - Data Centers Income and Price Volatility by Decade

Figure 18 shows the volatility (standard deviation) of price returns (green) and income returns (yellow) for the data center real estate sector in the 2010s and 2020s. Price volatility increased from 18.14% in the 2010s to 23.09% in the 2020s, indicating greater unpredictability in capital gains. In contrast, income volatility remained very low, with a slight decrease from 0.71% to 0.64%, reflecting the stability of dividend income over time. The contrast between high price volatility and low income volatility highlights the risk of price fluctuations in the data center sector while emphasizing the reliability of income returns as a steady source of returns.

Timberland Sector

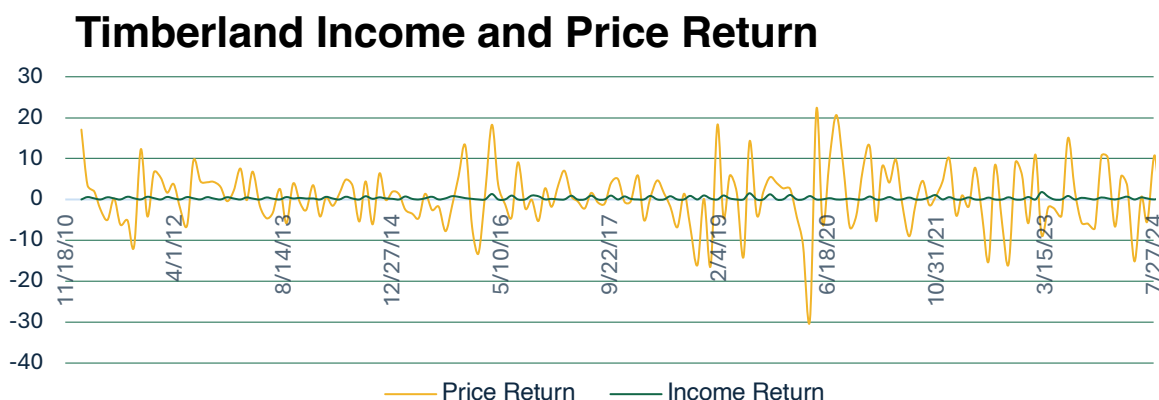


Figure 19 - Timberland Income and Price Return from 2010 to 2024

Figure 19 shows the income return (green line) and price return (orange line) for the timberland real estate sector between 2010 and 2024. Price returns demonstrate significant volatility, with frequent fluctuations, particularly during periods of market instability. In contrast, income returns remain relatively stable, providing consistent dividends to investors. The sharp spikes and dips in price returns indicate the potential for both gains and losses in capital value, while the steady income returns reflect the reliability of income generation from timberland investments. This chart highlights the dual nature of timberland as an investment, balancing volatility in price appreciation with dependable income returns.

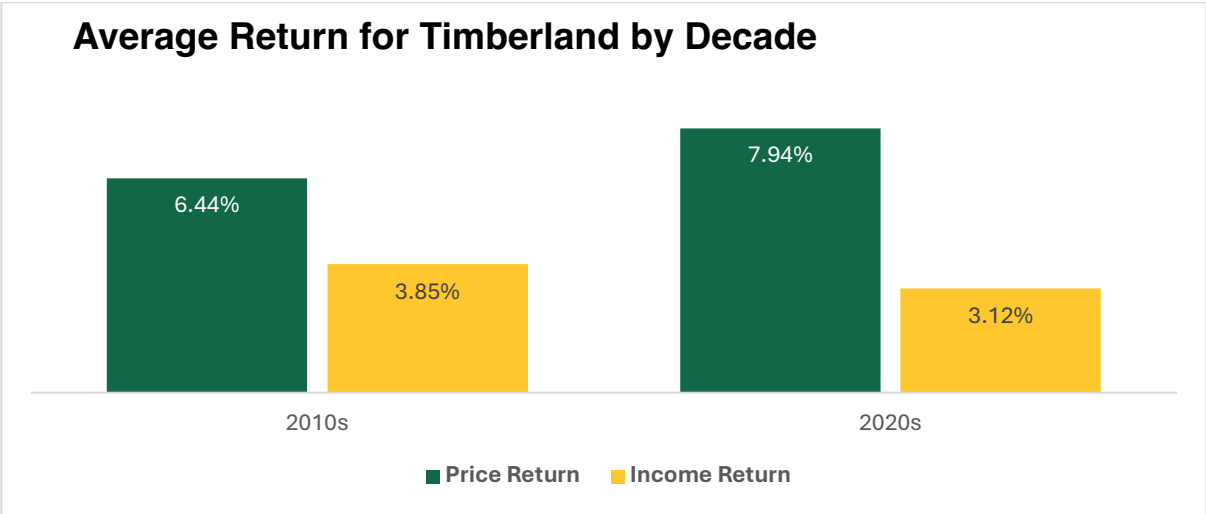


Figure 20 - Average Return for Timberland by Decade

Figure 20 compares the average price return (green) and income return (yellow) for timberland real estate investments in the 2010s and 2020s. Price returns increased from 6.44% in the 2010s to 7.94% in the 2020s, indicating stronger capital appreciation in recent years. Income returns, however, decreased slightly from 3.85% to 3.12%, though they remain a stable and important component of total returns. This chart highlights that timberland investments have offered both solid capital growth and steady income, making them a balanced investment option across both decades.

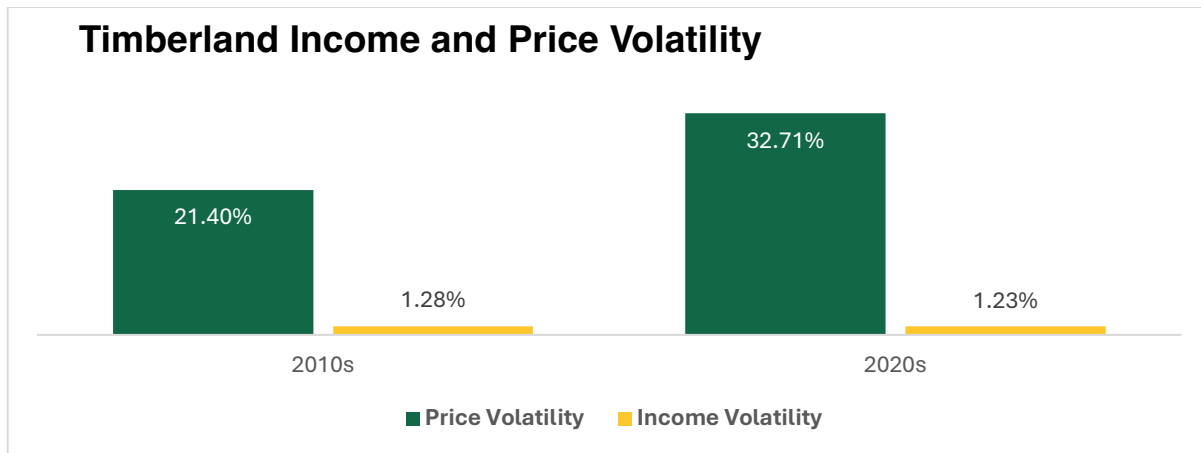


Figure 21 - Timberland Income and Price Volatility by Decade

Figure 21 illustrates the difference in volatility between price and income returns for timberland investments. Price returns are much more volatile than income, particularly in the 2020s, likely due to market and economic uncertainties affecting timberland values. In contrast, income returns remain stable, reflecting the predictable nature of income from timberland properties. The increased price volatility might be tied to external factors such as environmental changes or fluctuations in timber demand, while income returns continue to offer steady performance despite these market shifts.

Office Income and Price Return



Figure 22 - Office Income and Price Return from 1995 to 2023

Figure 22 illustrates the income return (green line) and price return (orange line) for office real estate between 1995 and 2023. Price returns exhibit significant volatility, with notable fluctuations during economic downturns, such as the 2008 financial crisis. In contrast, income returns are much more stable, offering consistent dividends to investors. This disparity reflects the higher risk and potential reward associated with capital appreciation in office real estate, while income returns provide a steady and reliable source of investment income, regardless of market conditions. The office sector's sensitivity to

market cycles explains the sharp price fluctuations, whereas income remains unaffected by such swings.

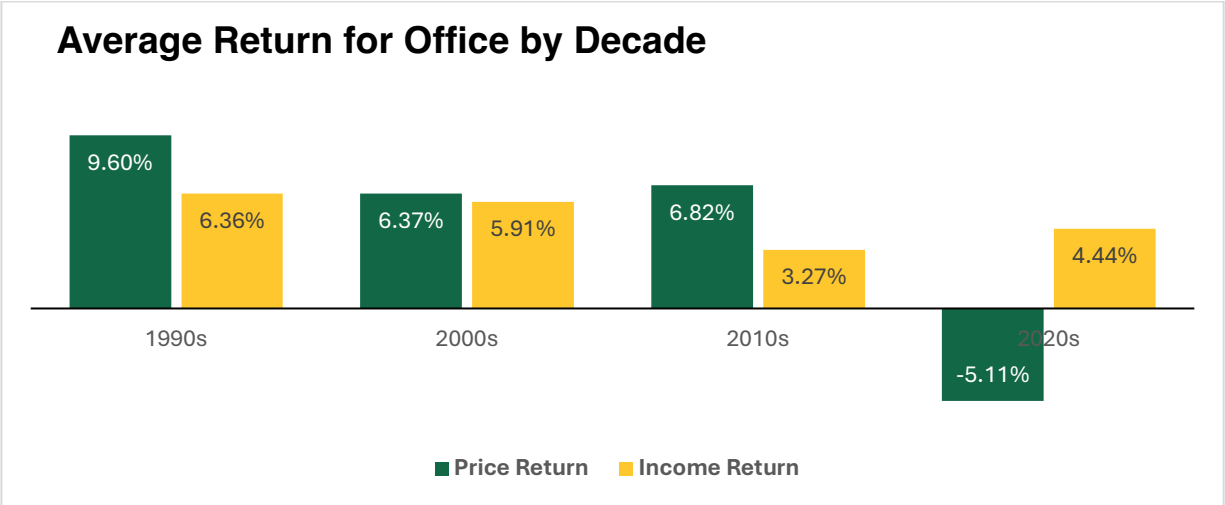


Figure 23 - Average Return for Office by Decade

Figure 23 shows the average price return (green) and income return (yellow) for office real estate across several decades. Price returns have shown significant variability, with a notable decline into negative territory in the 2020s, likely due to the impact of changing work patterns, such as the shift toward remote work and reduced demand for office space. In contrast, income returns have remained relatively steady, providing consistent dividends. This trend underscores the growing risk in capital appreciation for office real estate while income returns continue to offer a stable source of returns even in challenging economic conditions.

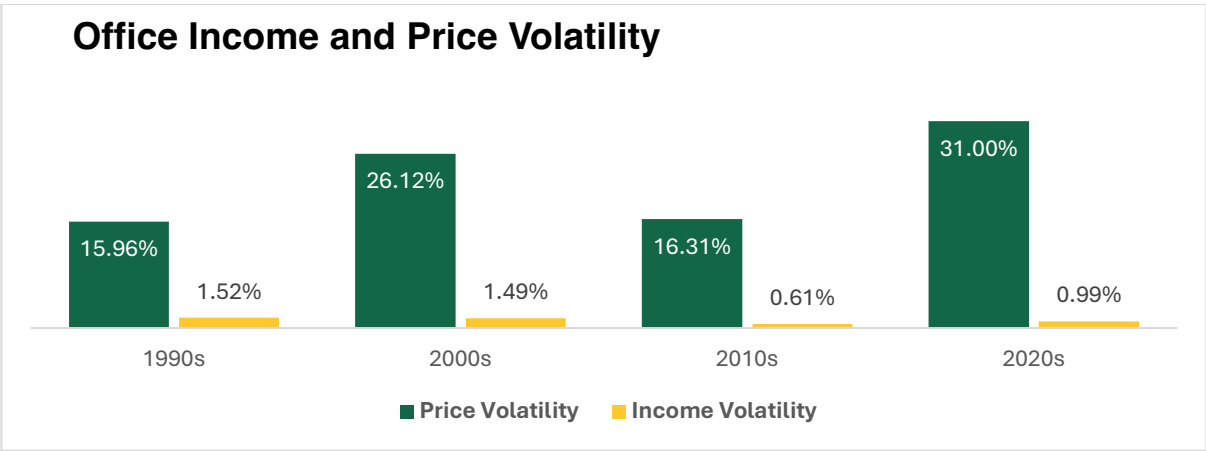


Figure 24 - Office Income and Price Volatility by Decade

Figure 24 highlights the volatility of price returns (green) and income returns (yellow) for office real estate across different decades. Price volatility is much higher than income volatility, reflecting the sensitivity of office real estate values to economic shifts, particularly in the 2020s where market dynamics have become more unpredictable. The stability of income returns contrasts sharply with the fluctuations in price returns, indicating that while capital appreciation is increasingly risky, income from office properties remains a dependable source of returns. This rising price volatility may be linked to the growing uncertainty in the office market, driven by changing work habits and demand.

Apartments

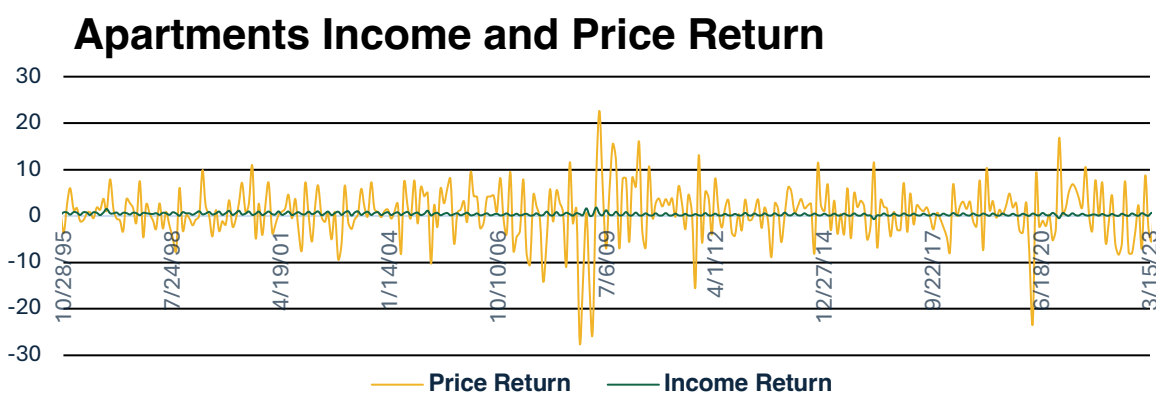


Figure 25 - Apartments Income and Price Return from 1995 to 2023

Figure 25 illustrates the income return (green line) and price return (orange line) for apartment real estate from 1995 to 2023. Price returns show substantial volatility, especially during periods of economic instability, such as the 2008 financial crisis, where significant fluctuations are evident. Income returns, however, remain more stable, providing consistent dividend payments to investors. This contrast highlights the greater risk associated with capital gains in the apartment sector, while income returns offer a dependable stream of income, regardless of market fluctuations. The data underscores the role of apartments as both a potentially high-reward, high-risk investment and a reliable source of steady income.

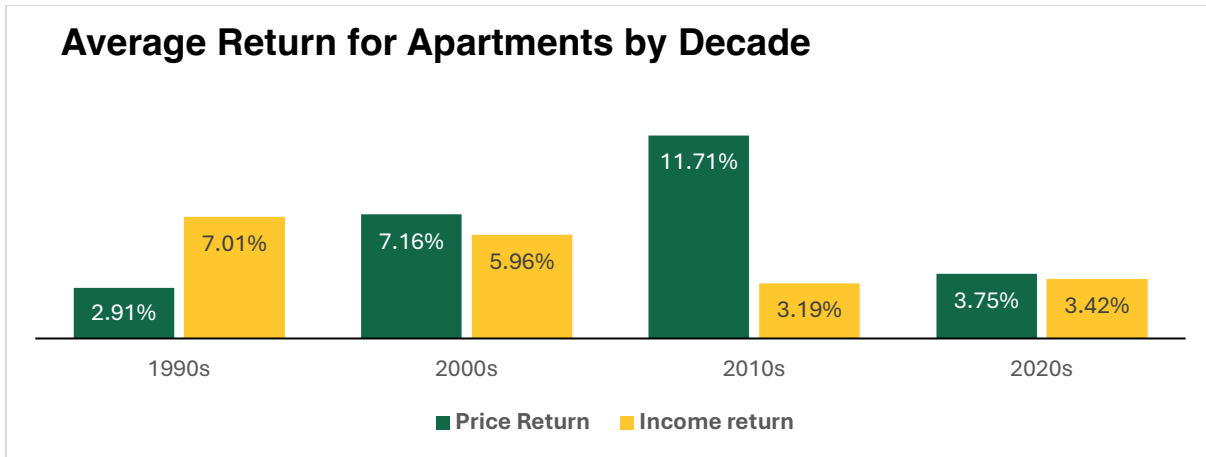


Figure 26 - Average Return for Apartments by Decade

Figure 26 displays the average price return (green) and income return (yellow) for apartment real estate investments across different decades. The price returns show considerable variation, with a notable peak in the 2010s, reflecting a period of strong capital appreciation. Income returns, while more stable, also fluctuate slightly across decades, offering steady dividends to investors. This trend suggests that while apartments can provide solid capital gains in certain periods, income returns remain a reliable source of returns throughout, regardless of market conditions. The contrast between price and income returns highlights the balance between growth and stability in apartment investments.

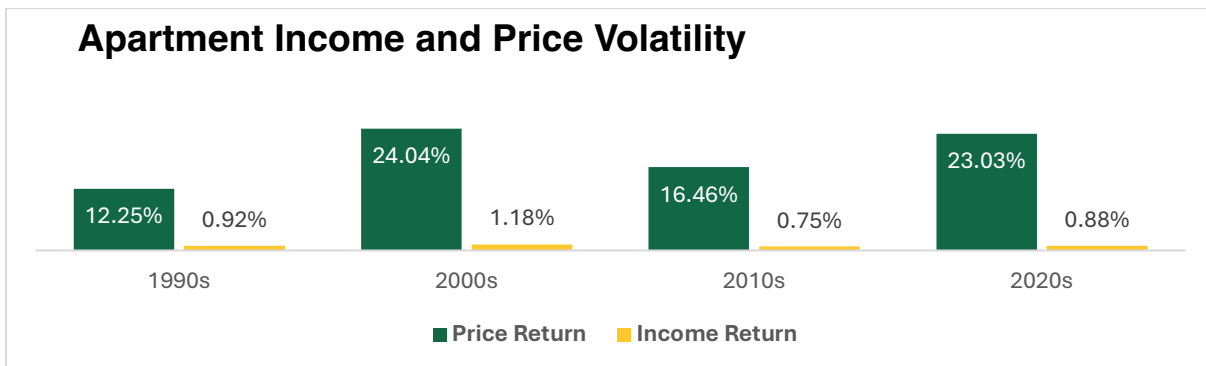


Figure 27 - Apartment Income and Price Volatility by Decade

Figure 27 highlights the volatility of price returns (green) and income returns (yellow) for apartment real estate investments across different decades. Price returns exhibit much higher volatility than income returns, particularly in the 2000s and 2020s, suggesting a greater risk associated with capital appreciation in these periods. Income returns, on the other hand, show minimal volatility, reflecting their stable and predictable nature. The significant price volatility may be driven by economic cycles and market conditions, while income remains a dependable and steady source of returns throughout. This contrast underscores the balance between risk and stability in apartment investments.

All Sectors Compared

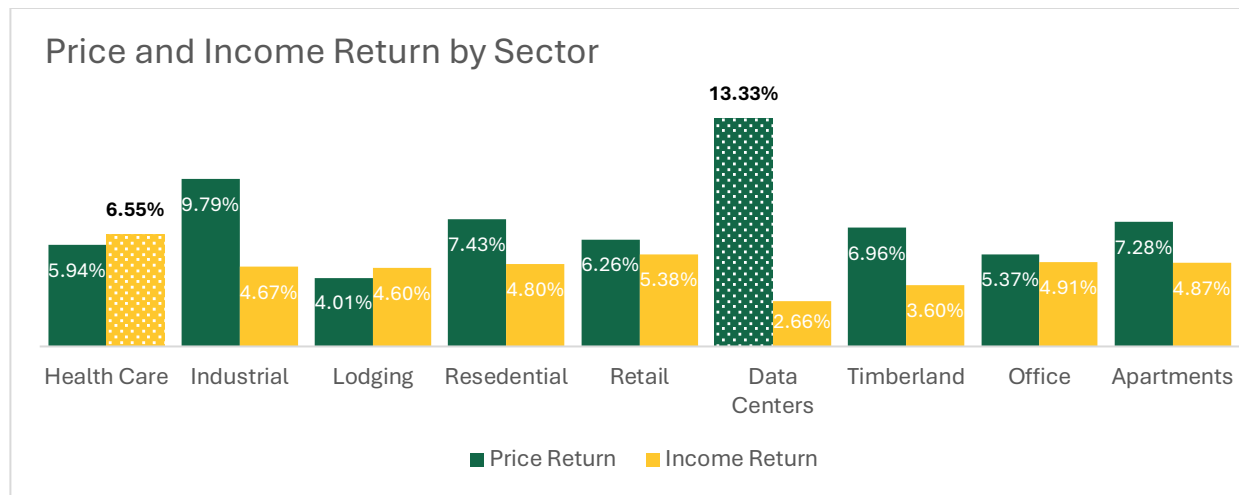


Figure 28 - Price and Income Return by Sector

Figure 28 compares the average price return (green) and income return (yellow) across various real estate sectors. Data centers stand out with the highest price return at 13.33%, indicating strong capital appreciation, driven by the growing demand for digital infrastructure. Industrial and apartments also show robust price returns, making them attractive for investors looking for capital growth. On the other hand, sectors like health care and retail offer more balanced returns, with income forming a significant portion of the overall return. This indicates that these sectors may be favored by income-focused investors seeking stability alongside moderate capital gains.

Sectors like timberland and lodging display lower price returns but maintain relatively stable income returns, reflecting their more conservative nature. These sectors may appeal to investors prioritizing steady income over capital appreciation. The chart suggests that growth-oriented investors may lean toward sectors with higher price returns, like data centers and industrial, while more income-focused or risk-averse investors might prefer sectors such as health care, apartments, and timberland, where income provides a consistent return even during periods of market volatility.

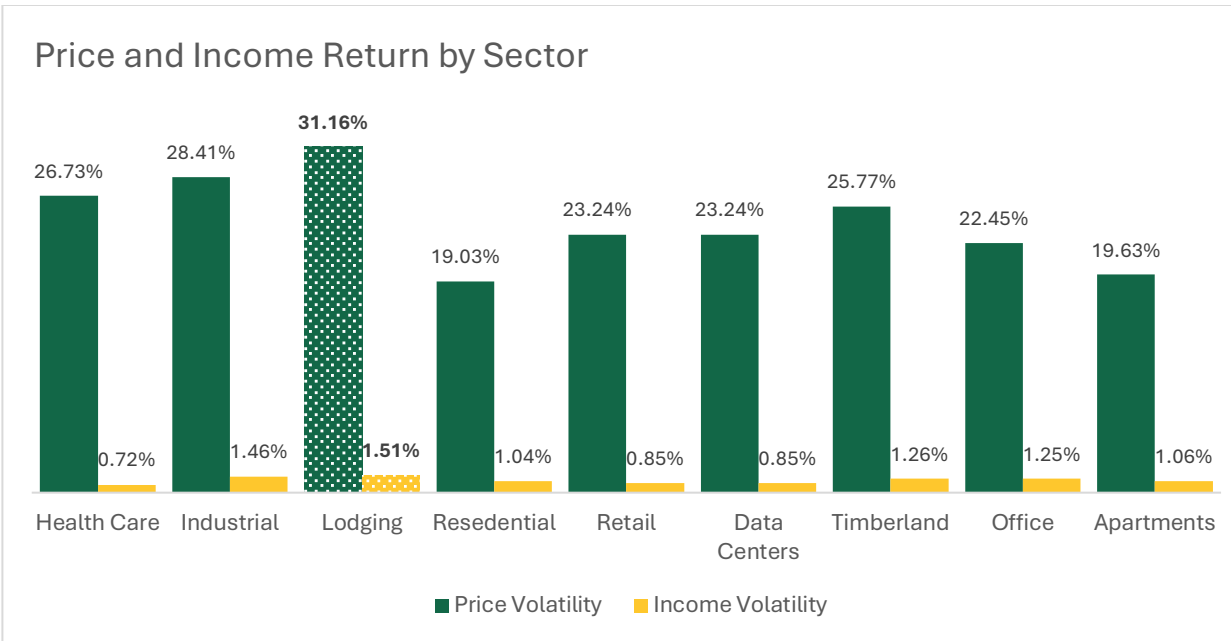


Figure 29 - Price and Income Volatility by Sector

Figure 29 compares the price volatility (green) and income volatility (yellow) across different real estate sectors. Lodging stands out with the highest price volatility at 31.16%, indicating that capital values in this sector are highly sensitive to market conditions, likely due to its reliance on fluctuating travel and hospitality demand. Industrial and health care sectors also show high price volatility, suggesting more pronounced swings in capital appreciation. Despite this, income volatility remains consistently low across all sectors, with lodging, industrial, and health care showing slightly higher income volatility but still maintaining relative stability.

Overall, the low income volatility across all sectors reflects the reliability of income returns, even in sectors with higher price volatility. Investors looking for growth potential may be drawn to sectors like lodging and industrial, where higher price volatility suggests the opportunity for capital gains, though at greater risk. In contrast, income-focused investors may prioritize sectors like apartments and retail, which exhibit lower volatility in both price and income, offering a more stable investment option. The chart underscores the varying risk profiles across real estate sectors, highlighting the need for investors to align their strategies with their risk tolerance and investment goals.

Question 6 - Compare the risk-return tradeoff of apartments versus other sectors.

When comparing apartments to other real estate sectors like data centers, industrial, and lodging, the differences in risk and return are pretty noticeable. Apartments are a solid middle ground—they offer moderate price returns and very stable income returns with low volatility. For instance, the low income volatility of apartments, around 1.06%, makes them a reliable choice for consistent income. This is perfect for investors who want steady cash flow without much risk. However, apartments don't have as much potential for capital appreciation compared to other sectors like data centers or industrial, which offer higher price returns but come with more volatility.



Data centers, for example, have the highest price return of any sector but also much more price volatility. This sector is great if you're chasing growth, but you'll need to handle the higher risk. Similarly, industrial real estate offers strong price returns, making it attractive for investors looking to grow their capital, but it also has a higher price volatility than apartments. While these sectors offer the potential for bigger gains, they require investors to accept more ups and downs in their investment value. On the other hand, sectors like lodging have even more price volatility. Lodging stands out as one of the riskiest sectors, with both high price returns and income volatility, making it less predictable if you're aiming for stability.



In comparison, apartments may not be as flashy in terms of high returns, but they provide a dependable mix of steady income and moderate growth, making them a safer option overall. For investors who value stability and low risk, sticking with apartments is a

solid strategy. However, if you're willing to take on more risk for a chance at higher returns, it might be worth exploring sectors like data centers or industrial real estate, which offer stronger growth potential at the cost of higher volatility. It all comes down to what you're willing to risk and what your investment goals are.



Question 9 – One Page Summary to a freshman at Cal Poly

Over the past 5, 10, and 15 years, real estate has proven to be a reliable investment, though the risk-reward ratio varies across sectors. In the past 5 years, sectors like data centers and industrial real estate have seen strong growth due to the rise of e-commerce and digital infrastructure. However, this comes with more volatility, meaning the potential for gains also carries significant risk. Apartments, meanwhile, have remained stable, providing consistent income and moderate price appreciation, making them a safer choice for risk-averse investors.

Over the past 10 years, real estate has performed well, even during crises like the COVID-19 pandemic. Sectors such as healthcare and apartments offered steady income and proved resilient in tough market conditions. In contrast, sectors like lodging and retail saw increased volatility, making them riskier options. Despite the fluctuations, data centers and industrial real estate still showed strong long-term growth, offering high return potential for balanced portfolios.

For those considering REITs, they can be a smart option, especially for investors wanting exposure to real estate without owning property. REITs offer the advantage of liquidity, allowing you to buy and sell shares like stocks while earning income through dividends. They also spread risk by diversifying across properties and sectors. However, REITs can still be volatile, particularly during downturns, as their value is tied to the stock market. Despite this, they remain attractive for investors seeking steady income without the responsibilities of property management, making them ideal for long-term, stable returns.